

Eye and face protection is extremely important but often taken for granted. Remember to always wear protection for your eyes and when needed also for your face to avoid a potentially permanent injury. Hazards where face protection, in addition to safety glasses, are found when doing tasks like:

- Welding
- Grinding with hand held or heavy duty table grinder
- Using a chop saw to cut concrete or rebar
- Operating a chainsaw
- Pouring, washing, or spraying chemicals or materials

OSHA Standards 1926.102(a)(1) says that *employees shall be provided with eye and face protection equipment when machines or operations present potential eye or face injury from physical, chemical, or radiation agents.*

Never risk danger to your face and eyes even for just a few minutes of welding, cutting, or grinding. The damage can happen quickly and be permanent! Always wear face and eye protection that is designed for safety protection and rated as required by OSHA regulations.

OSHA Standard 1926.102(a) says that (2) *eye and face protection equipment required by this Part shall meet the requirements specified in American National Standards Institute, Z87.1-1968, Practice for Occupational and Educational Eye and Face Protection. And (6) says that they shall provide adequate protection against the particular hazards for which they are designed.*

- Safety glasses aren't always enough – sometimes you need both the **safety glasses to protect your eyes AND a face shield to protect your face.**
- Always follow the manufacturer's recommendations for the specific face shield.
- Use the type of face shield suited for the specific task.
- Mesh face shields are great for cutting tasks where large particles could strike your face.
- Clear plastic/acrylic shields are better for tasks where small particles, splattering, or sparks could strike the face.

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